

DIVISION MEMORANDUM
 No. 122 s. 2019

IMPLEMENTATION OF MENTAL HEALTH PROGRAMS IN SCHOOLS

TO: OIC – Assistant Schools Division Superintendent
Chief Education Supervisors, CID and SGOD
Division Guidance Coordinator
Nurse-In-Charge
All Public Schools District Supervisors
All School Heads of Elementary and Secondary Schools
All Others Concerned

1. Pursuant to Republic Act No. 11036 otherwise known as the Mental Health Act, this office requires all schools to implement Mental Health programs with the school heads fully responsible for its effective implementation.
2. The School Mental Health Program aims to:
 - a. promote awareness on the mental health issues
 - b. identify and provide support and services for individuals at risk
 - c. facilitate access including referral mechanism of individuals with mental conditions to treatment and psychosocial support.
3. School heads are hereby instructed to implement School Mental Health in their respective schools by:
 - a. Creating guidance and mental health corner in every classroom.
 - b. Providing basic support services for individuals at risk or already have a mental health condition
 - a. Establishing *Peer Facilitators Circle* in schools.
 - b. Supporting activities planned by the Division School Mental Health Coordinator and Division Guidance Coordinator.
 - c. Involving Parent-Teacher Associations and pupil/student organizations in school mental health activities.
 - d. Allocating funds for the replication of existing modules and teaching aids, and/or development of other supplementary instructional materials.
 - e. Collaborating closely with local government units and non-governmental organizations.
 - f. Mandating teachers to identify entry points in the curriculum guides where school mental health education can be integrated in the various learning areas.
4. All School Heads are directed to designate one (1) Mental Health Coordinator preferably the Designated School Guidance Coordinator and all Public Schools District Supervisors are also directed to designate one (1) Mental Health Municipal District Coordinator.



Republic of the Philippines
Department of Education
Cordillera Administrative Region
SCHOOLS DIVISION OF ABRA
Bangued, Abra

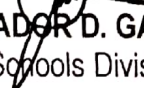


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5. The SGOD - School Health Section shall assist the MH Coordinators in the initiatives and resources promoting mental health in schools.
6. All schools are hereby directed to submit School Mental Health Action Plan on or before August 15, 2019 and an annual narrative accomplishment report on school mental health activities to the SGOD School Health Section on or before March 8, 2020.
7. For immediate and widest dissemination and strict compliance.


AMADOR D. GARCIA SR., Ph.D.
OIC-Schools Division Superintendent