



Republic of the Philippines  
**Department of Education**  
Cordillera Administrative Region  
**SCHOOLS DIVISION OFFICE OF ABRA**

RELEASED  
OCT 06 2021  
DEPED ABRA TIME 11:25

October 4, 2021

**DIVISION MEMORANDUM**

No. 330 s. 2021

**NEW NORMAL HEALTH ASSESSMENT FORM FOR LEARNERS**

To: Assistant Schools Division Superintendent  
Chief Education Supervisors, CID and SGOD  
All Public Elementary and Secondary School Heads  
All Others Concerned

1. Health assessment plays a critical role in evaluating and determining a learner's health status. This will identify the specific needs of the person and how those needs will be addressed.
2. In line with this and in lieu of physical examination, each school is advised to adopt the **New Normal Health Assessment Form for Learners**. This will help detect the early signs of certain health conditions and address them accordingly. Likewise, this will aid in the profiling of the learners and serve as a basis for future stakeholder's support. Furthermore, this will also augment in the implementation of the Oplan Kalusugan sa DepEd in these challenging times pursuant to DepEd Order 041, s. 2020 titled **Guidelines on the Implementation of the School Dental Health Care Program, Including Medical and Nursing Services for School Year 2020-2021** and DepEd Memorandum 062 s. 2021 titled **Supplemental Guidelines to DepEd Order No. 041, s. 2020**.
3. Funds for the printing and distribution of this form shall be chargeable against the school MOOE/local funds subject to the usual accounting and auditing rules and regulations.
4. The forms will be distributed to the learners alongside the scheduled distribution of the modules. School Nurses are responsible in the consolidation of data in their assigned schools.
5. Immediate dissemination of this Memorandum is desired.

  
**BENILDA M. DAYTACA, EdD, CESO VI**  
OIC - Schools Division Superintendent

Encl.

New Normal Health Assessment Form for Learners

DCC, DM New Normal Health Assessment Form for Learners

QM - Page 1 of 3



Address: Actividad-Economia St., Zone 2, Bangued, Abra  
Telephone No.: (074)614-6918  
Website: <http://www.depedabra.com>  
E-mail: [abra@deped.gov.ph](mailto:abra@deped.gov.ph)



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Quality Management System  
CRN 50500994 QM15



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**NEW NORMAL HEALTH ASSESSMENT FORM FOR LEARNERS**

Name of Learners:  
 Grade Level/Section:  
 Name of Parent/Guardian:  
 Home Address:

Date of Birth:  
 School:  
 Contact No.:

**Instruction: Mangyaring ibigay ang mga sumusunod na katanungan tungkol sa iyong kalusugan.**

GENERAL ASSESSMENT		YES	NO	REMARKS
<b>LEVEL OF CONSCIOUSNESS</b>	<b>TURAD TI PUOT</b>			
Conscious and coherent	Adda Puotna ken makaawat			
<b>BODY TEMPERATURE</b>	<b>PUDOT TI BAGI</b>			
Febrile	Aggurigor			
<b>HEAD</b>	<b>ULO</b>			
Lice	Kuto			
Lice Egg	Itlog ti Kuto/Liyes			
Dandruff	Lasi			
Wound/Skin Disease	Sugat/Sakit ti Kudil			
Others	Dadduma			
<b>EENT (EAR)</b>	<b>EENT (LAPAYAG)</b>			
Otitis Media	Impeksiyon ti Lapayag/Durek			
Inflammation/Pain	Lumlumteg/Nasakit			
<b>EENT (EYES)</b>	<b>EENT (MATA)</b>			
Eye Redness	Lumabbasit nga Mata			
Eye Discharges	Mukat			
Stye	Bunga ti Mata			
Pale Conjunctiva	Napusyaw nga Kalub ti Mata			
Eyeglasses	Sarming ti Mata/Antiohos			
Other	Dadduma			
<b>EENT (NOSE)</b>	<b>EENT (AGONG)</b>			
Colds	Panateng			
Nasal Congestion	Barado nga Agong			
Others	Dadduma			
<b>EENT (THROAT)</b>	<b>KARABUKOB</b>			
Sore throat	Nasakit ken lumlumteg nga karabukob			
<b>EENT (NECK)</b>	<b>EENT (TENGGED)</b>			
Lymph Nodes at the back of the ears and neck)	Salasalamagi ti likod ti lapayag ken tengged (Kulani)			
<b>TEETH</b>	<b>NGIPEN</b>			
Tooth Decay	Bukbok nga Ngipen			
Toothache/Dental Pain	Nasakit nga Ngipen			
Swelling Gums	Limteg nga Gugot			
<b>HEART AND LUNGS</b>	<b>PUSO KEN BARA</b>			
Cough	Aguyek			
Asthma	Angkit			
Shortness of Breath	Marigatan nga Umanges			
<b>ABDOMEN</b>	<b>TIYAN</b>			
Upper Abdominal Pain/Hyperacidity)	Rurusuken			
Diarrhea	Panagburis			
Others	Dadduma			



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**Department of Education**  
 Cordillera Administrative Region  
**SCHOOLS DIVISION OFFICE OF ABRA**

<b>GUT (LOWER ABDOMEN) - For Female Only</b>	<b>GUT (BABA NGA PASET TI TIYAN) - Para ti Babai Laeng</b>		
Menarche	Tawen di imuna nga nagregla		
Dysmenorrhea	Nasakit nga pus-ong		
<b>GUT (KIDNEY)</b>	<b>DAGITI PALI</b>		
Pain upon Urination	Nasapit no Umisabo		
Frequent Urination)	Panagla-iba nga Masanaan		
<b>UPPER AND LOWER EXTREMITIES/ARM &amp; LEGS</b>	<b>BAKA KEN IMA</b>		
Deformity of Extremities	Baan nga normal nga langa ti ima ken baka		
<b>SKIN</b>	<b>KUDIL</b>		
Rashes	Panaglalabbait		
Pruritis	Panaggagatel		
White Spots/Tinea Flava	Kamanaw		
Ringworm	Kurad		
Warts	Tukak-tukak		
Boil	Letteg		
Acne	Kamuro		
Scabies	Gaddil		
Prickly heat	Baliling-et		
Infected Wound	Agan-anu nga Sugat		
Wound	Sugat		
<b>MEDICAL HISTORY</b>	<b>MEDIKAL NGA PAKASARITAAN</b>		
Have you previously been hospitalized?	Naospital ka kadi idin?		
What illness or diseases has the child gone through? If so, please write.	Nagaakaakit ka kadi idi kaubingmo? No wen, isurat ditoy:		
Have you noticed any food or medicine allergies, etc.?	Adda kadi allergies mo ti makan wenno agas?		
Is your child completed his/her childhood vaccine?	Nakumpletom kadin ti bakunam?		
<b>DENTAL HISTORY</b>	<b>DENTAL NGA PAKASARITAAN</b>		
Do you brush your teeth three times in a day?	Agasipilyo ka kadi ti mamitlo ti maysa nga aldaw?		
Does your child use fluoridated toothpaste?	Agus-usar ka kadi ti toothpaste nga adda fluoride na?		
Have you visited a dentist?	Napadasam kadin ti napan ti dentista?		
Have you undergone any dental treatment? If so, please write. (Oral prophylaxis, tooth extraction, tooth restoration)	Napan ka kadin nagpataripato ti ngipen? No wen, isurat ditoy:		
Do you change your toothbrush in a year?	Suksukatam kadi ti sipilyom ti makatawen?		

Assessed by:

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 Home Address:

Date of Birth:  
 School:  
 Contact No.:

**Instruction: Mangyaring ibigay ang mga sumusunod na katanungan tungkol sa iyong kalusugan.**

<b>GENERAL ASSESSMENT</b>		<b>YES</b>	<b>NO</b>	<b>REMARKS</b>
<b>LEVEL OF CONSCIOUSNESS</b>	<b>TUKAD TI PUOT</b>			
Conscious and coherent	Adda Puotna ken makaawat			
<b>BODY TEMPERATURE</b>	<b>PUDOT TI BAGI</b>			
Febrile	Aggurigor			
<b>HEAD</b>	<b>ULO</b>			
Lice	Kuto			
Lice Egg	Itlog ti Kuto/Liyes			
Dandruff	Lasi			
Wound/Skin Disease	Sugat/Sakit ti Kudil			
Others	Dadduma			
<b>EENT (EAR)</b>	<b>EENT (LAPAYAG)</b>			
Otitis Media	Impeksiyon ti Lapayag/Durek			
Inflammation/Pain	Lumlumteg/Nasakit			
<b>EENT (EYES)</b>	<b>EENT (MATA)</b>			
Eye Redness	Lumabbasit nga Mata			
Eye Discharges	Mukat			
Stye	Bunga ti Mata			
Pale Conjunctiva	Napusyaw nga Kalub ti Mata			
Eyeglasses	Sarming ti Mata/Antiohos			
Other	Dadduma			
<b>EENT (NOSE)</b>	<b>EENT (AGONG)</b>			
Colds	Panateng			
Nasal Congestion	Barado nga Agong			
Others	Dadduma			
<b>EENT (THROAT)</b>	<b>KARABUKOB</b>			
Sore throat	Nasakit ken lumlumteg nga karabukob			
<b>EENT (NECK)</b>	<b>EENT (TENGGED)</b>			
Lymph Nodes at the back of the ears and neck)	Salasalamagi ti likod ti lapayag ken tengged (Kulani)			
<b>TEETH</b>	<b>NGIPEN</b>			
Tooth Decay	Bukbok nga Ngipen			
Toothache/Dental Pain	Nasakit nga Ngipen			
Swelling Gums	Limteg nga Gugot			
<b>HEART AND LUNGS</b>	<b>PUSO KEN BARA</b>			
Cough	Aguyek			
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<b>GUT (LOWER ABDOMEN) - For Female Only</b>	<b>GUT (BABA NGA PASET TI TIYAN) - Para ti Babai Laeng</b>			
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Pain upon Urination	Nasapiit no Umisbo			
Frequent Urination)	Panagis-isbo nga Masansan			
<b>UPPER AND LOWER EXTREMITIES/ARM &amp; LEGS</b>	<b>SAKA KEN IMA</b>			
Deformity of Extremities	Saan nga normal nga langa ti ima ken saka			
<b>SKIN</b>	<b>KUDIL</b>			
Rashes	Panaglalabbasit			
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