





Republic of the Philippines
Department of Education
 Cordillera Administrative Region
SCHOOLS DIVISION OFFICE OF ABRA

RELEASED
 OCT 27 2021
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Office of the Schools Division Superintendent

DIVISION MEMORANDUM
 No. 369 s. 2021

To: Chief Education Supervisors CID and SGOD
 Education Program Supervisors
 Public Schools District Supervisors
 Public Elementary and Secondary School Heads
 School/District Sports Coordinators

From: 
BENILDA M. DAYTACA, EDD., CESO VI
 Assistant Schools Division
 Officer In-Charge
 Office of the Schools Division Superintendent 

Subject: **CONDUCT OF PHYSICAL FITNESS TEST TO ESTABLISH A PHYSICAL FITNESS DATABASE OF ALL LEARNERS**

DATE: October 27, 2021

1. Consistent to Deped Order No. 034, series 2019, entitled "Revised Physical Fitness Test Manual, and Regional Memorandum No. 448 series 2021 re: Conduct of Physical Fitness Test to Establish a Physical Fitness Database of all Learners, the Schools Division Office of Abra is directing all schools to conduct Physical Fitness Test through any possible modality.
2. In conducting the Physical Fitness Test, please refer to Deped Order No. 034, series 2019. The result of the tests for the first quarter shall be recorded, summarized and submitted in hard and soft copy on or before November 19, 2021 to :
 - a. SDO's Sports Officers and Health personnel,
 - b. SDO's MAPEH Supervisor
3. For queries, you may contact the SDO's Sports Coordinator through this cellphone number 09356401612 and the SDO's MAPEH supervisor through this cellphone Number 09179082480.
4. Immediate wide dissemination of and strict compliance with this memorandum is directed.

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