



Republic of the Philippines
Department of Education
Cordillera Administrative Region
SCHOOLS DIVISION OFFICE OF ABRA

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May 23, 2022

DIVISION MEMORANDUM

No. 163 s. 2022

To: Chief Education Supervisor – CID
Education Program Supervisors (MAPEH)
Public Schools District Supervisors
Elementary and Secondary School Heads
Concerned/ Identified Teachers

**Division Training of MAPEH Teachers on the Critical Content in
Physical Education and Health**

1. In line with Basic Education Learning Continuity Plan (BELCP) and pursuant to the Republic Act (RA) No. 10533 or the Enhanced Basic Education Act of 2013 and the Implementation of the K to 12 Basic Education Program, the Curriculum Implementation Division through the Instructional Management Section shall conduct a 3-day face-to-face Division Training of MAPEH Elementary and Secondary Teachers on the Critical Content in Physical Education and Health in two (2) batches:
 - Batch 1 (Elementary) – July 12 – 14 , 2022
 - Batch 2 (Secondary) – July 20 – 22, 2022
2. The training aims to:
 - Strengthen the capacity of PE & Health Teachers to support capacity building in their respective districts/schools;
 - Familiarize PE & Health teachers on the possible platforms in the conduct of the K to 10 critical content and session guides;
 - Simulate the conduct of different sessions.
3. The participants of this training are the following; One (1) Education Program Supervisor , forty-two (40) Elementary Teachers , Forty-two (40) Secondary Teachers, and eight (8) facilitators/speakers/TWG members. Teacher participants are expected to bring the MELC in Physical Education and Health and PE attire, writing materials. Each participants will be provided 3 meals and 6 snacks.
4. Resource speakers are requested to attend the pre-conference on June 17, 2022.
5. Travel expenses of participants will be charged to local funds or any available funds subject to COA auditing rules and regulations.



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6. **Non-attendance** of the identified participant will be accountable of the allotted amount, however if the identified participant can't attend with a valid reason, replacement shall be made possible by the same school/ district.
7. Attached is the list of the identified participants.
8. Immediate dissemination of this memorandum is deemed necessary.

BENILDA M. DAYTACA EdD, CESO V
Schools Division Superintendent

cidmapeh/051122/nbc



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Enclosure No. 01 to Division Memorandum No. _____ s. 2022

**PARTICIPANTS TO THE DIVISION TRAINING OF ELEMENTARY MAPEH
TEACHERS ON THE CRITICAL CONTENT IN PHYSICAL EDUCATION AND
HEALTH**

	Name of Participants	Grade Level	School
Bangued East & West District			
1	Kristoffer Ryan Ulibas	5	Calaba ES
2	Exodur Rosales	5	Bangued West CS
3	Mylene Turdil	6	Sinapangan ES
4	Erika Blanza	6	Bangued East CS
Peñarrubia, Pidigan, Langiden & San Quintin District			
5	Judith S. Piedad	5	Lusuac ES
6	Hazel M. Madriaga	6	San Diego ES
7	Aida Avila	6	Langiden CS
8	Jelly C. De Peraltra	6	Tangadan ES
Dolores & Tayum District			
9	Catherine Eduarte	5	Don Rosalio Eduarte ES
10	Melvin Bigornia	5	Velasco ES
11	Arlene Bustarga	6	Don Marcos Rosales ES
12	Ederlita Joy Galban	6	Cardona ES
Bucay & Manabo District			
13	Claire Agaton	5	Kimloong ES
14	Melynda Bolaños	5	Tabiog ES
15	Julius Bunagan	6	Manabo Pilot ES
16	Carl Heinz Balacay	6	San Ramon ES
Pilar, San Isidro & Villaviciosa District			
17	Josie Villanueva	5	Dalimag ES
18	Marissa M. Carsola	5	Gapang ES
19	Elsa Guerrero	6	Lumaba IS
20	Jerome B. Velasco	6	Pilar CS
La Paz , Danglas & Lagayan District			
21	Manuel Dupo	5	Danglas CS
22	Roulette B. Turdil	5	Isit ES
23	Meylyn A. Brub	6	San Gregorio ES
24	Perlita Somera	6	La Paz IS
Boliney, Daguioman, Bucloc & Sallapadan			
25	Sozie Pearl Balagso	5	Cabaruyan ES
26	Annie P. Wacnang	5	Danac IS
27	Wilma B. Dangilan	6	Lingey ES
28	Daniel P. Batoon	6	Maguyepyep IS
Lagangilang, Lacub, Baay-Licuan & Malibcong District			
29	Aram L. Sabado	5	Baay CS
30	Elmer Valencia	5	Lagangilang CS
31	Julicia Bagioeng	6	Sap-al ES
32	Warren Mark M Mangune	6	Tagodtod ES
Luba & Tubo District			
33	Mia Jane G. Viernes	5	Luba CS



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34	Clifford Dakiwas	5	Supo ES	
35	Meichor Valera	6	Sabnangan ES	
36	Michelle Catriz	6	Amtuagan ES	
San Juan & Tineg District				
37	Ruby May Bayubay	5	San Juan CS	
38	Delita Laureta	5	Lam-ag ES	
39	Denser Paingan	6	Magsalang ES	
40	Alwin S. Tinong	6	Belaat ES	

**PARTICIPANTS TO THE DIVISION TRAINING OF SECONDARY MAPEH
 TEACHERS ON THE CRITICAL CONTENT IN PHYSICAL EDUCATION AND
 HEALTH**

	SCHOOL	Grade Level	Name of Participants	CP Number
1	Abas NHS		Norman Christopher Rodriguez	
2	Abra HS (Main)		Honeylet B. Bermudez	
3	Abra HS (Calot Ext.)		Elisa Berido	
4	Alfredo D. BNHS		Clara Mae S. Manuel	
5	An-anaao IS		Analyn A. Cordeta	
6	Baay NHS		Ralph Johnsen Benesa	
7	Ba-I IS		Eva Roselle B. Guyang	
8	Bolbolo NHS		Daisy G. Babida	
9	Boliney NHS		Heidi C. Dumauual	
10	Cayapa NHS		Jojie Cabarrubias	
11	Cristina BGMNHS		Aries Dioayan	
12	Dalit NHS		Jael A. Saraus	
13	Dilong NHS		Marvin L. Wilang	
14	Dugong NHS		Jerlaine Almachar	
15	Gaddani NHS		Constantino T. Rapisora	
16	La Paz IS		Jerome Quito	
17	Langiden NHS		Jovelyn P. Becera	
18	Lul-luno NHS		Sarahleen I. Dacquel	
19	Lumaba IS		Niña Jaycel Pinera	
20	Luzong NHS		Lester G. Viernes	
21	Manabo NHS		Allen Bisnan	
22	Mataragan NAS		Clair Calling	
23	Marc Ysrael BMHS		Florence M. Jaquias	
24	Naglibagan IS		Bugayong M. Badeng	
25	Northern Abra NHS		Daisy B. Abanes	
26	Pangtod NHS		Melissa Molina	
27	Peñarrubia IS		Cirilo George Cawagas	
28	Pilar RHS		Hazel B. Cabatic	
29	Pulot NHS		Christopher Balmaceda	
30	Quidaoen NHS		Samelle Jamaica B. Ballad	
31	Rosalio ENHS		Maribel E. Castañeda	
32	San Isidro NHS		Erol O. Soliven	
33	San Quintín NHS		Julieta Liberato	
34	Supo NHS		Gemmalie A. Aquino	



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35	Suyo NHS		Mary Ann Anical	
36	Tagodtod NHS		Marife Llavado	
37	Tiempo NHS		Delpha S. Blas	
38	Tineg NHS		Ivy O. Madiasan	
39	Tuquib IS		Mia B. Casel	
40	Western Abra NHS		April Ethel G. Alunday	

TECHNICAL WORKING GROUP/ RESOURCE SPEAKERS

Narciso B. Cannaoay EdD - EPS
Editha A. Dugayen - Teacher 3
Memory B. Lazo - Teacher 1
Amilcare B. Panelo - MT 2
Marvic Z. Ayunon - Teacher 3
Lorna B. Llanaeza EdD - SEPS (SMME)
Eden B. Adriatico - SEPS (HRD)
1 Nurse



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