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Republic of the Philippines
Department of Education
CORDILLERA ADMINISTRATIVE REGION
SCHOOLS DIVISION OFFICE OF ABRA

Office of the Schools Division Superintendent

August 25, 2022

Division Memorandum
No. 235, s. 2022

NUTRITIONAL STATUS ASSESMENT OF LEARNERS FOR SY 2022-2023

For: **All Public School District Supervisors**
All Principals and School Heads
All Teaching and Non-Teaching Personnel
All School Health Personnel
All Others Concerned

1. A rational way of nourishment, combined with adequate physical activity, are the basic components of maintaining proper body condition.
2. Nutritional status is an important indicator enabling diagnosis. Nutritional status is assessed using anthropometric and biochemical tests, among others. Anthropometric measurements used to determine nutritional status include the assessment of the physiological status of the body based on its height and weight.
3. In line with the Department of Education's mandate to promote a healthy and safe learning environment, all learners and students from kinder to grade 12 must be weighed and measured to determine their nutritional status using the body mass index (BMI). The school clinic teachers in coordination with the school nurses and other stakeholders shall conduct height and weight taking inside the school with the strict compliance of the DepEd Order No. 14, s. 2020-Guidelines on the Required Health Standards in Basic Education Offices and Schools.
4. Schedule of activities and reports on the Nutritional Status (NS) of school children shall be submitted on the following period:

Activity	Baseline	Midline	Endline
1. Height and Weight Taking	Aug.22-Sept.16, 2022	Nov. 21-29, 2022	May 15-26, 2023
2. Submission of Consolidated NS from School to	Sept.19-23, 2022	Dec. 5-9, 2022	June 5-9, 2023



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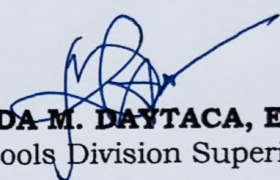
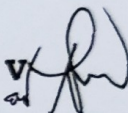
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District (School Nurse)			
3. Submission of Consolidated NS from District (School Nurse) to SDO	Sept 26-30, 2022	Dec. 12-16, 2022	June 13-16, 2023
4. Submission of Consolidated NS from SDO to RO	Oct 10-14, 2022	Dec. 19-23, 2022	June 26-29, 2022

- Appropriate Interventions shall be recommended by the Clinic Teacher and School Health Personnel to the School Heads based on the results of the Nutritional Status Report (i.e. endorsement for SBFP, endorsement for PE Management).
- For Immediate dissemination and compliance.


BENILDA M. DAYTACA, EdD, CESO V
Schools Division Superintendent 

Reference: DepEd Memo No. 165, s. 2010: Adoption of the 2007 World Health Organization-Child Growth Standards (WHO-CGS)
SGOD-SHS-SBFP



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