



Republic of the Philippines
Department of Education
 CORDILLERA ADMINISTRATIVE REGION
 SCHOOLS DIVISION OFFICE OF ABRA

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August 22, 2023

Division Memorandum
 No. 338 s. 2023

NUTRITIONAL STATUS ASSESSMENT OF LEARNERS FOR SY 2023-2024

To: **All Public School District Supervisors**
All Principals and School Heads
All Teaching and Non-Teaching Personnel
All School Health and Nutrition Unit Personnel
All Others Concerned

1. A rational way of nourishing, combined with adequate physical activity, are the basic components of maintaining proper body condition.
2. Nutritional status is an important indicator for enabling diagnosis. Nutritional status is assessed using anthropometric and biochemical tests, among others. Anthropometric measurements used to determine nutritional status include the assessment of the physiological status of the body based on its height and weight.
3. In line with the Department of Education's mandate to promote a healthy and safe learning environment, all learners and students from kindergarten to grade 12 must be weighed and measured to determine their nutritional status using the body mass index (BMI). The school clinic teachers, in coordination with the school nurses and other stakeholders, shall conduct height and weight taking inside the school.
4. A schedule of activities and reports on the nutritional status (NS) of schoolchildren shall be submitted during the following period:


Activity	Baseline	Midline	Endline
1. Height and Weight Taking	Sept. 11-Oct. 6, 2023	Dec. 1-22, 2023	May 13-June 14, 2024
2. Submission of Consolidated NS from School to District (School Nurse)	Oct. 16-19, 2023	Jan. 8-12, 2024	June 24-28, 2024
3. Submission of Consolidated NS	Oct. 23-27, 2022	Jan. 22-26, 2024	July 2-5, 2024



Address: Actividad-Economia St., Zone 2 (Consilliman), Bangued, Abra
 Telephone Nos.: (074) 614-6918
 Email Address: abra@deped.gov.ph
 Website: <http://www.depedabra.com>



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from District (School Nurse) to SDO			
4. Submission of Consolidated NS from SDO to RO	Oct. 30-Nov. 3, 2023	Jan. 29-31, 2024	July 8-12, 2024

- Appropriate Interventions shall be recommended by the Clinic Teacher and School Health and Nutrition Unit Personnel to the School Heads based on the results of the Nutritional Status Report (i.e. endorsement for SBFP, endorsement for PE Management).
- For immediate dissemination and compliance.


AMADOR D. GARCIA SR PhD, CESO VI
Schools Division Superintendent




Enc./s: None
 Reference: DepEd Memo No. 165, s. 2010
 ALT/EAS/DCC-SGOD-SHNU



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