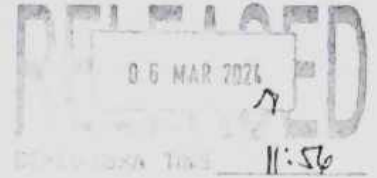




Republic of the Philippines  
**Department of Education**  
CORDILLERA ADMINISTRATIVE REGION  
**SCHOOLS DIVISION OF ABRA**



6 March 2024

DIVISION MEMORANDUM  
No. 108 s. 2024

**NUTRITIONAL STATUS ASSESMENT OF LEARNERS FOR SY 2024-2025**

To: Assistant Schools Division Superintendent  
Chief, School Governance and Operations Division  
All Public Elementary and Secondary School Heads  
All School Health Personnel  
All Others Concerned

1. In line with DepEd's mandate to promote a healthy and safe learning environment, all learners from K-12 must be weighed and measured to determine their nutritional status using the Body Mass Index (BMI). The school support staff, in coordination with the school nurses and other stakeholders, shall conduct height and weight measurements in the school.

2. A rational approach to nourishment, combined with adequate physical activity, is the basic component of maintaining proper body condition. Nutritional status, a vital diagnostic indicator, is evaluated through height and weight, which assess the physiological status of the body to determine overall nutritional health.

3. Schedule of activities and reports on the nutritional status of learners shall be submitted on the following period:

ACTIVITY	BASELINE	MIDLINE	ENDLINE
1. Height and Weight taking	July	October - November	February - March
2. Submission of consolidated NS from school to district by school nurse	Last week of July	Last week of November	Last week of March

4. School support staff and school nurses shall recommend appropriate interventions (e.g., endorsement for SBFP, endorsement for PE management) to the school heads based on the results of the Nutritional Status Report.

5. For immediate dissemination and compliance.

  
**AMADOR B. GARCIA, PhD CESO VI**  
Schools Division Superintendent

Enc./s: None  
Reference: DepEd Memo No. 165, s. 2010  
DepEd Order No. 31, s. 2021  
EAS/DCC-SGOD-SHNU



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