

Republic of the Philippines
Department of Education
CORDILLERA ADMINISTRATIVE REGION
SCHOOLS DIVISION OFFICE OF ABRA

Office of the Schools Division Superintendent

April 18, 2023

Division Memorandum

No. 144, s. 2023

**ANNUAL MEDICAL EXAMINATION OF TEACHING AND NON-TEACHING
PERSONNEL OF SDO ABRA**

**For: Assistant Schools Division Superintendent
Chief Education Supervisors, CID and SGOD
All Public School District Supervisors
All Principals and School Heads
All School health Personnel
All Others Concerned**

1. Annually, the Schools Division Office of Abra facilitates the conduct of the ANNUAL MEDICAL EXAMINATION OF TEACHING AND NON-TEACHING PERSONNEL to ensure that our personnel are healthy and fit to deliver a quality basic education to Abrenio Learners.
2. Under the rulings of the Department of Labor Rule No. 1960 (Occupational Health Services) Administrative Order No. 042, s. 1998 (establishment of Medical Check-up Program for Government Personnel), Civil Service Commission Memorandum Circular No. 17, s. 1989, DepEd Memorandum No. 15, s. 2015, OUA Memorandum No. 0322-0020 (Resumption of School Based Delivery of Health Services) and under the MATATAG Program of our Department Secretary (Give support to teachers to teach better).
3. In consideration and observation of the recent trend of younger and younger populace of having undetected diseases, all personnel are to undergo the following laboratory examinations from a duly licensed laboratory using the official laboratory request form duly signed by the SDO Medical Officer III.
 - a. Complete Blood Count
 - b. Complete Blood Chemistry (Fasting Blood Sugar, Blood Urea Nitrogen, Cholesterol Count, Triglycerides Count, HDL-LDL, SGOT and SGPT)
 - c. Urinalysis
 - d. Chest X-Ray for those with existing Pulmonary Diseases
 - e. Other Specialized laboratory examinations as prescribed by their respective attending physician
4. A medical examination form (SHD Form 5/CSC Form 48) will be accomplished and duly signed by the Medical Officer III.
5. The Result will be collected and consolidated by School. Elementary and Secondary Schools will be consolidated by District by each respective Health



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Personnel. And District Consolidations will be submitted to the SDO Focal for Consolidation. The following timetable will be the basis for consolidation:

Timeline	Activity	Person Responsible
April 30 to June 30, 2023	Annual Medical Examination of Personnel	Teaching and Non-Teaching Personnel
July 1 to July 15, 2023	Consolidation and Medical Profiling of School Personnel	School Nurses/ School Medical Focal
July 16 to July 31, 2023	Consolidation and Medical Profiling of District Personnel	School Nurses/ District Medical Focal
August 1-10, 2023	Consolidation and Medical Profiling of District Personnel	Division Focal

6. For Immediate dissemination and compliance.


AMADOR B. GARCIA SR., EdD, CESO VI
Schools Division Superintendent

Enc./s: None
Reference:
AT/EAS/JMD-SGOD-SHNU



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