



Republic of the Philippines
Department of Education
Cordillera Administrative Region
SCHOOLS DIVISION OFFICE OF ABRA

RELEASED
30 JAN 2024
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January 29, 2024

DIVISION MEMORANDUM

No. 045, 2024

20th NATIONAL DENTAL HEALTH MONTH CELEBRATION

**To: Chief Education Supervisor, SGOD
Public Schools District Supervisors
Public Secondary School Heads
Public Elementary School Heads
School Health Personnel
All Others Concerned**

1. Pursuant to Proclamation No. 559 s. 2004 declaring "the month of February of Every Year as National Dental Health Month," the Schools Division of Abra through the School Governance and Operations Division-School Health Section encourage all personnel and schools to participate in the activities related to the celebration of the 20th National Dental Health Month with the theme, "***Celebrating Decades of Healthy Smiles.***"
2. National Dental Health Month has played a significant role in reducing dental caries among school children from 98% to 73%. This is due to our dedicated partners, who have made it an essential tool for promoting oral health and well-being among learners.
3. The Dentists and other School Health Personnel in the Schools Division Office shall take the lead and work collaboratively with local chapters of the Philippine Dental Association and other stakeholders in the conduct of the National Dental Health Month activities. The link to the 20th NDHM calendar of activities, contest guidelines, and other related materials can be accessed at <https://bit.ly/NDHMcollaterals>
4. A narrative report and documentation on the activities done by the schools shall be submitted to the School Health Section on or before March 5, 2024.



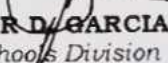
Address: Actividad-Economia St., Zone 2 (Consiliman), Bangued, Abra
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5. Enclosed are the theme posters and suggested activities for the NDHM celebration.
6. For further details and inquiries, please contact Maricar V. Taberdo, Dentist II, through email at maricar.taberdo@deped.gov.ph or at mobile number 0977-805-7284.
7. Immediate dissemination and strict compliance with this Memorandum is desired.


AMADOR D. GARCIA SR., PhD CESO VI
Schools Division Superintendent

for

Enc./s: Official Theme Posters and Suggested Activities for 20th National Dental Health Month Celebration
Reference: RM No.046 s.2024
MVT-SGOD-SHS-MDNS



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Enclosure No. 01 to DM No. 045, s. 2024

The following are the suggested activities for the Monthlong Celebration

First Week	Oral Health Awareness Campaign <ul style="list-style-type: none">a. Initiate a school-wide campaign to raise awareness about oral healthb. Use bulletin boards, newsletters and social media platforms to share oral health tips, facts and resourcesc. Attend the National Toothbrushing Day "Sang Milyong Sipilyo, Sabayang Pagsisipilyo"
Second Week	Oral Health Education <ul style="list-style-type: none">a. Classroom activities (lectures oral health education)b. Social media campaignc. School community oral health awareness through orientation, lectures and activities involving parents, teaching and non-teaching staff
Third Week	Delivery of Dental services <ul style="list-style-type: none">• Collaborate with local dental clinics or practitioners to organize onsite dental check-ups for students• Provide information to parents about the importance of regular dental check-ups.
Fourth Week	Interactive Workshops <ul style="list-style-type: none">a. Set up interactive workshops that include hands-on activities.b. Have a demonstration on proper brushing techniques and provide learners with toothbrushes and dental floss.



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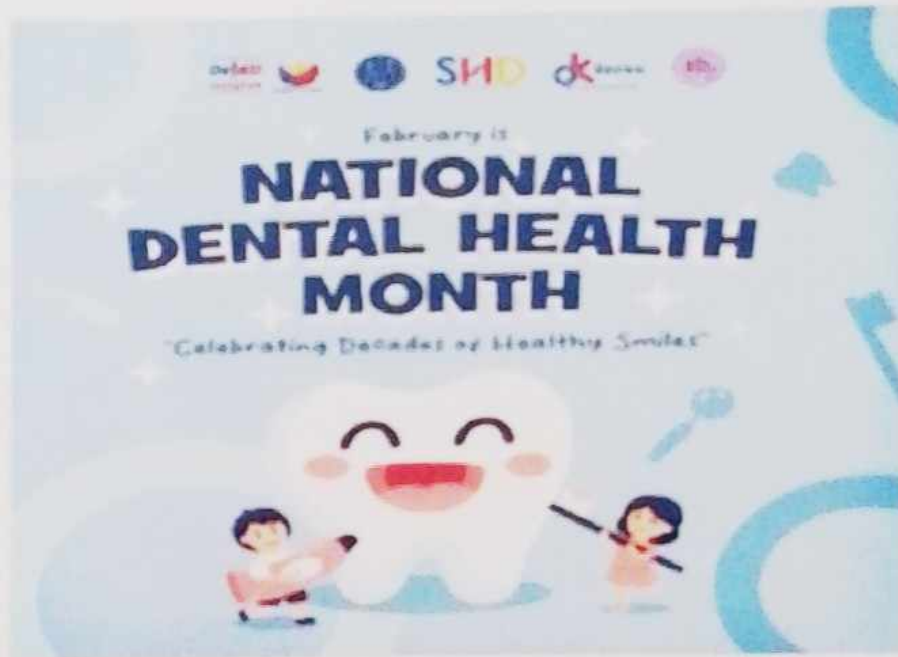
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Enclosure No. 02 to DM No. 045, s. 2024

Official Theme Poster for 20th National Dental Health Month Celebration.



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