



Republic of the Philippines
Department of Education
 Cordillera Administrative Region
SCHOOLS DIVISION OFFICE OF ABRA

RELEASED
 03 APR 2024
 DEPED-ABRA TIME 8:27

Office of the Schools Division Superintendent

April 2, 2024

DIVISION MEMORANDUM
 No. 157 Series of 2024

**INTENSIVE TRAINING OF ATHLETES AND COACHES OF SELECTED SPORTS
 DISCIPLINES FOR THE 2024 CARAA MEET**

**To: Assistant Schools Division Superintendent
 Chief Education Supervisors of CID and SGOD
 Education Program Supervisors
 Public Schools District Supervisors
 Public Elementary and Secondary school heads
 All Others Concerned**

- Under Regional Memorandum No. 172, s. 2024, the 2024 CARAA Meet will be held on April 15-19, 2024 in the Division of Apayao.
- In preparation for the participation in this big event, the office in coordination with the Provincial Government of Abra an eight-day intensive training for the following sports disciplines will be conducted: Arnis, athletics, Chess, Dance sports, Gymnastics, swimming, Taekwondo, Sepaktakraw, Boxing, and Pencak Silat. The intensive training will commence on April 4, 2024, and ends on April 11, 2024. All other events that are part of the delegation but not identified for the 8-day intensive training will conduct school-based training.
- The training venue and billeting of the athletes and coaches is as follows:

| Event | Training venue | Billeting |
|--------------|--------------------|--------------------------|
| Arnis | ASC Gymnasium | ASC White Building |
| Athletics | ASC Oval | BWSC |
| Boxing | ASC Covered ground | ASC White Building |
| Chess | BWCS | BWCS |
| Dance Sports | BWCS Covered Court | BWCS |
| Gymnastics | ASC Gymnasium | ASC White Building |
| Pencak Silat | BWCS Gymnasium | BWSC |
| Sepaktakraw | Altha Court | BECS |
| Swimming | ASC Pool | ASC Grand Stand |
| Taekwondo | ASC Gymnasium | ASC Gymnasium Back Stage |

- Coaches of the above-mentioned events shall advise their athletes to bring their eating and drinking as well as sleeping paraphernalia for the intensive training.



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5. Measurement of athletes' uniforms will start today April 3, 2024, at the Abra Division Office. All athletes and coaches who are part of the Abra delegations to the 2024 CARAA but are not included in the intensive training are directed to report to the Division Office for the measurement of their uniforms.
6. All participants in this 8-day Intensive Training shall be given service credits and compensatory overtime credits for the non-teaching personnel based on the actual services rendered.
7. In compliance with Division Memo No. 156, s. 2024, the Medical Officer of the division is directed to deploy nurses to the training venues to ensure the health and safety of the athletes and coaches. (assignment of nurses refers to an enclosure attached to this memo)
8. Travelling expenses of coaches and athletes in attending the 8-day intensive training shall be charged to their respective School MOOE, as well as the athletes and coaches who will be coming for the measurement of their uniforms subject to accounting rules and regulations.
9. Immediate and widest dissemination of this memorandum is desired.


AMADOR D. GARCIA SR PhD, CESO VI
School Division Superintendent

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Enclosure No. 1

Division Memorandum No. 57 s. 2024

**DEPLOYMENT OF HEALTH PERSONNEL DURING CARAA 2024 INTESVE
 TRAINING**

| EVENT | TRAINING VENUE | NURSE DEPLOYED |
|--------------|-----------------------|--|
| ARNIS | ASC GYMNASIUM | ROBER PIETRO CARDENAS (GADDANI NHS) |
| ATHLETICS | ASC GROUNDS | ROMEO BAWANTA (BOLINEY NHS) |
| BOXING | ASC SHADED GROUNDS | MARINO TACLAWAN (PULOT NHS) |
| CHESS | BWCS | HUSSEIN SIGANAY (PILAR RHS) |
| DANCE SPORTS | BWCS COVERED COURT | CLITTON SUMANGPET (SUPO NHS) |
| GYMNASTICS | ASC GYMNASIUM | FELY JANE MANUBEN (TINEG NHS) |
| PENCAK SILAT | BWCS COVERED COURT | KIM JAVIZ ACOSTA (LANGIDEN NHS) |
| SWIMMING | ASC POOL | ROMEO JOVITO PAET III (DOLORES CS) |
| SEPAK TAKRAW | OLD ALTA COURT | RANIER MANGILINAN (TAGODTOD NHS) |
| TAE KWON DO | ASC GYMNASIUM | SOMAIA BRALEY (CAPTTAN NHS) |

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