



Republic of the Philippines
Department of Education
 CORDILLERA ADMINISTRATIVE REGION
SCHOOLS DIVISION OF ABRA

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DIVISION MEMORANDUM
 No. 307 s. 2024

NUTRITIONAL STATUS ASSESMENT OF LEARNERS FOR SY 2024-2025

To: Assistant Schools Division Superintendent
 Chief, School Governance and Operations Division
 All Public Elementary and Secondary School Heads
 All School Health Personnel
 All Others Concerned

- In line with DepEd's mandate to promote a healthy and safe learning environment, all learners from K-12 must be weighed and measured to determine their nutritional status using the Body Mass Index (BMI). The school support staff, in coordination with the school nurses and other stakeholders, shall conduct height and weight measurements in the school.
- A rational approach to nourishment, combined with adequate physical activity, is the basic component of maintaining proper body condition. Nutritional status, a vital diagnostic indicator, is evaluated through height and weight, which assess the physiological status of the body to determine overall nutritional health.
- Schedule of activities and reports on the nutritional status of learners shall be submitted on the following period:

ACTIVITY	BASELINE	MIDLINE	ENDLINE
1. Height and Weight taking	July 29-Aug. 14,	October - November	February - March
2. Submission of consolidated district Nutritional Status Report by school nurses to SDO	August 16, 2024	November 29, 2024	March 24, 2025

- School support staff and school nurses shall recommend appropriate interventions (e.g., endorsement for SBFP, endorsement for PE management) to the school heads based on the results of the Nutritional Status Report.
- For immediate dissemination and compliance.

AMADOR D. GARCIA, PhD CESO VI
 Schools Division Superintendent

Enc./s: None
 Reference: DepEd Memo No. 165, s. 2010
 DepEd Order No. 31, s. 2021
 EAS/DCC-SGOD-SHNU



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